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Physical Education

A-level

Introduction

A-level Physical Education draws on the disciplines of Human Biology and Psychology as well as requiring an understanding of the cultural context and historical development of sport.

The course involves both practical and theoretical work and these are linked wherever possible. You will participate in a range of sports and experiments, as well as studying the academic elements of the subject. It will be an advantage to be an above average performer in at least one sport.

Why Physical Education?

This specification builds on the student's experience from Key Stage 4 and GCSE to enhance their knowledge and increase their understanding of the factors that affect performance and participation in physical education. The qualification looks to equip students with skills and knowledge required for higher education of the world of work.

Careers & Higher Education Opportunities:

- Leisure Centre Management
- Fitness Industry
- Personal Trainer
- Sports Therapy
- Sports Development
- Professional Sport
- Teaching
- Physiotherapy
- Sports Researcher
- Sports Studies
- Leisure and Recreation Management
- Dance Studies
- Sport and Exercise Science
- Educational Studies and PE
- Secondary PE Teaching
- Leisure and Tourism Management
- Leisure Marketing
- Physiotherapy
- Sports Rehabilitation

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Any special requirements?

At least a grade 5 in each of GCSE Science, and Additional or Applied Science, or a minimum of two grades 5 from GCSE Biology, Chemistry, Physics or Physical Education. Although useful, a GCSE in PE is not a requirement for students wishing to follow the course. In addition, you will be required to be at a highly competent level as a coach or a performer in at least one sport. It is essential that you compete in one of the sports listed on the AQA specification; this needs to be at a club standard.

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